



THE MANOR VILLAGE

LIFE  
CENTERS

## PROGRESSIVE PLANNING: “Coronavirus (COVID-19)”

Dear Seniors and Families:

“We have nothing to FEAR...but FEAR itself” Franklin D. Roosevelt

The COVID-19 virus impacts vulnerable seniors over 80, especially if they have a history of respiratory disease. Symptoms are generally a fever, dry cough, fatigue with shortness of breath. The virus is doubling itself in Canada every 2 to 4 days.

### **PRECAUTIONS:**

The disease is transferred mainly through droplets from a sneeze or cough and then touching items. The Recipient in turn touches the item, and then the fingers eventually end in their mouth—eyes—nose, creating a transfer of the virus.

### **PREVENTION:**

Prevention can come in two ways. Since a vaccine is not yet available, all Manor Village Life Centers’ staff wear single-use gloves that are changed with each contact. This mitigates the face-touching issue and the transfer of the virus from our staff, & senior resident.

### **The Manor Village’s Etiquette Involves:**

- \* Learning to cough or sneeze into your arm
- \* Stay at home when you feel ill
- \* Residents and Staff are encouraged to hydrate-hourly
- \* Staff wearing single-use gloves.
- \* Nursing minimizes access & measures temperature of guests/residents/staff
- \* Instructing housekeeping to wipe down everything in high touch areas.
- \* Meals are served hot to kill any risk of virus transfer

### **INFORMING OURSELVES in Calgary**

*The Manor Village Life Centers is working overtime for the wellness of our senior residents. Calgarians who are concerned with the safety of their senior loved ones, should contact our Nursing Wellness Directors at any of the seven (7) Manor Villages.*

*We will assist Calgarians with calm solutions to protect our senior population.  
Bless you through these difficult times.*

**Dr. M. Garth Mann: President / CEO**  
**March 16, 2020**