



STAYWELL IN THE COMFORT OF YOUR HOME

AT STAYWELL PRIVATE CARE, we are dedicated to providing personalized Health & Wellness services for our valued Clients. We provide supportive services with *kindness, care and dignity* in the *safety, security and comfort* of your own home.

Our Director of Wellness or Wellness Coordinator create a *personalized Wellness Plan* for each Client to assist with your health and wellness needs.

Our professionally trained and experienced Health and Wellness staff are available 24 hours a day, 7 days a week to our valued Clients. We pride ourselves on providing 'Care with Heart'.



Care with Heart ™

 **STAYWELL**
Private Care Services™

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Care with Heart ™

 **STAYWELL**
Private Care Services™

PERSONALIZED HEALTH AND WELLNESS SERVICES

COMPANION AND HOME SUPPORT SERVICES

Family caregiving respite – We provide family members a much needed break from the responsibility of full time caregiving so they can shop, run errands, or enjoy some restful time alone or with friends.

Cleaning, dusting, and other housekeeping duties – Our team is happy to assist with general light housekeeping to lighten the load.

Kitchen support and meal preparation/planning – Let us ensure the fridge is full of healthy and fresh foods and dispose of old and spoiled food, assist with meal planning for the week including planning grocery lists and assistance with meal preparation. Our trained staff encourage a healthy diet and help to ensure proper nutrition.

Laundry – Our team will wash, dry, fold, iron and put away all personal laundry.

Linen service – Let us make certain there are clean, fresh bed linens ensuring rest times are as comfortable as possible.

Pet service – We provide walking assistance for those special members of the family.

Appointment accompanied transport services – Our team accompanies Clients to a variety of personal appointments ensuring they arrive safely with a friendly face by their side.

Shopping support services – Let us provide a helping hand to, from and in the grocery store or shopping centers – we help make the task simpler.

Social assistance and planned activities – We assist with hobbies, activities or important routines that our Clients enjoy. We are happy to arrange for family or friend visits, outings and other general activities.

Conversation and companionship – Whether it is reading, someone to talk to, enjoying a game of cards, or simply enjoying conversation and companionship, our staff are ready to help.

PERSONAL CARE SERVICES

Medication management – We provide assistance to ensure our Clients take the correct medications at the right time of day or night.

Dressing and grooming – Our team assists with routine personal hygiene including grooming assistance.

Morning wake up assistance – We help ensure Clients get ready for the day with these helpful morning visits.

Preparation for bed – These evening visits provide help with undressing and prepare for a restful night at the end of the day.

Oral hygiene – We provide assistance with denture maintenance and overall dental hygiene.

Support stocking assistance – We provide morning and evening stocking assistance.

Hearing aid maintenance – We will assist our Clients with changing batteries and arrange for appointments with hearing aid providers.

Wound care – Daily dressing changes and monitoring of superficial wounds.

Daily and nightly assurance visits – These comforting visits provide your loved one with much needed companionship, reassurance and monitoring.

Bathing assistance – We assist in a variety of ways; preparing the bath, assisting with transferring into the shower, staying nearby for peace of mind, assisting with partial bathing, or providing full assistance – we are pleased to assist with all.

Walking program – Staying active is an important part of staying well. We accompany Clients on walks depending on the needs and/or capabilities of the Client.

Incontinence Management

12 AND 24 HOUR CARE SERVICES

Provides our Clients with the assurance of continuous care and support knowing our trained, professional and caring staff are available in the privacy and comfort of your own home.

CASE MANAGEMENT

We will provide reviews and updates of your personalized Wellness Plan as health and wellness needs change.

AFFORDABLE CARE

StayWell Private Care Services offers a variety of affordable programs and payment options to meet your needs. Please contact us to learn more.

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