

The Community with Heart ♥

The Manor Village lifestyle is designed to provide our valued residents with a myriad of choices in entertainment, outings, activities and social opportunities. We celebrate each and every occasion in style, with food, music and the camaraderie of friends and family. Each community features full time activity staff to coordinate recreation and customize programs to resident interests. You can be as busy as you choose to be, or you can enjoy quiet time in your spacious suite.

SO MUCH TO DO!

Choices of activities can include

- Stretch and Exercise Programs
- Regular Spiritual Services and Discussion Groups
- Walking Club
- Crafts Group
- Computer room with Internet access
- Games room with pool table and shuffleboard
- Manor Chorus Group
- Beauty Salon
- Bridge Groups
- Jigsaw Puzzles
- Movie Nights
- Knitting & Crochet Group
- Gardening Club
- Library

And much more!

The Manors bus takes residents on scheduled outings and shopping trips.



THE MANOR VILLAGE
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CENTERS

Continued on back...

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The Community with Heart ♥

TODAY'S ACTIVITIES

- 9:00 AM Men's Coffee Club
- 9:30 AM Energetic Exercise or Tai Chi
- 10:30 AM Craft Group Meeting & Coffee
- 11:00 AM Non-denominational Spiritual Service
- 12:00 PM Red Hatters Ladies Luncheon
- 2:00 PM Pool Tournament and Penny Ante Poker in Games Room
- 3:00 PM Bridge Group
- 7:00 PM Movie & Popcorn Night



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OPTIONS FOR RESIDENCY

THE MANOR VILLAGE AT *Rocky Ridge*

At The Manor Village Life Centers Inc, we have thought of **Everything** in order to help you make the decision to join our community and **Enjoy Life** in your new home.

You may choose from the following two options for residency:

OPTION A - The Lease Plan

If your lifestyle is such that leasing is convenient and preferable to you, enjoy the option to lease your suite. Lease fees include all of The Manor lifestyle benefits as well as the monthly meal allowance. Leases are renewed annually and require a deposit equivalent to one month's lease fee. Please add **\$595.00** per month for a second person.

MODEL	LEASE FROM
Ainsley (A) One Bedroom From 720 sq. ft.	Lease from \$3,095.00 per month
Freemont (F Model) Two Bedroom From 1,027 sq. ft.	Lease from \$4,155.00 per month

OPTION B - The Life Care Plan

This plan is similar to a purchase, and provides the Exclusive Right to Use the suite at a reduced and **very affordable** monthly cost. All the benefits of The Manors Lifestyle are included, along with the peace of mind of our **Guaranteed Reimbursement Program**. Please add **\$595.00** per month for a second person.

MODEL	MONTHLY FEE
Ainsley (A) One Bedroom From 719 sq. ft. Life Care Price Starting at \$174,960	Occupancy fees from \$1,415.00 per month
Freemont (F Model) Two Bedroom From 1,027 sq. ft. Life Care Price Starting at \$259,960	Occupancy fees from \$1,570.00 per month



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THE MANOR VILLAGE AT *Rocky Ridge*

THE EXQUISITE MEAL PROGRAM

Welcome to fine dining at the **Medallion Dining Room** for exquisite lunch and evening meals. The Meal Program may be used for yourself and/or your friends or family members that wish to join you for a nutritious meal.

As well, if you are not feeling well, we offer **tray service** to your Manor Suite.

For birthdays, anniversaries, and other special occasions, we offer catering services. What a wonderful place to share your special days with family and friends!

Our professional and creative kitchen staff, design and prepare exquisite lunch and evening meals available to all residents and their friends and family. The Monthly Meal Program ensures nutritious meals of quality and variety.

* The Monthly Meal Program is **included in the All Inclusive Monthly Occupancy Fee and may be used for any Food Related Items within The Manor Village** for you or your guests.

- An Exquisite Evening Meal in our elegant **Medallion Dining Room**.
- Light lunch in the **Medallion Dining Room**.
- Purchase some minor groceries and/or toiletries in our Convenience Store.
- Ice Cream Socials, Valentines Day Tea, and other **Food Related Special Events**.

Health and nutrition are of great importance. We invite you to enjoy **ALL** that we have to offer.

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MEDALLION DINING ROOM SAMPLE MENU

Welcome to the Medallion Dining Room

THIS EVENING DINNER INCLUDES YOUR CHOICE OF ONE OF EACH CATEGORY:
ENJOY COFFEE AND/OR TEA WITH YOUR MEAL.

TO START

Wild Mushroom & Tarragon Soup

OR

Baby Greens

with a raspberry balsamic vinaigrette

or

Waldorf Salad

*Apples, roasted walnuts, celery & honey
in a whipped cream Mayonnaise*

ENTRÉE

♥ Fresh Halibut en Papiotte
paired with a roasted red pepper coulis

OR

Slow Roasted AAA New York Striploin
*accompanied by
Traditional Yorkshire Pudding*

OR

LIGHT FARE SELECTION

Soup, Our Two Salads of the Day,
Dessert and Coffee or Tea

♥ *We offer a different heart smart selection every day*

TO FINISH

Homemade Norland Apple Strudel

OR

Seasonal Fresh Fruit
with Calorie Reduced Yogurt



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PREVENTATIVE HEALTHCARE PROGRAM

THE MANOR VILLAGE WELLNESS CENTER
IS OPEN MONDAY TO FRIDAY
FROM 8:00 A.M. – 5:00 P.M.

The Manor Village, through our Healthcare Specialist, has designed the following **PREVENTATIVE HEALTH CARE PROGRAM** for all Manor Residents. We offer supportive services that encourage a “*Wellness Model*” versus an “*Illness Model*”.

HEALTH AND WELLNESS SERVICES OFFERED

Included in your monthly occupancy fee

- Emergency Call & Response System 24 hours per day
- 24 Hour On-Site Staff including Evening Building Attendant
- Manors Staff are all CPR and First Aid Certified
- A Health Assessment prior to occupancy and regular intervals thereafter
- Access to visiting in-house Physician
- Consultation with your personal Physician/ Caregiver
- Visiting on-site Pharmacist for filling prescriptions and medication consultation
- Newsletter articles each month featuring important health topics

- Regular Wellness Clinics such as:
 - Blood Pressure Clinics
 - Flu Shot
 - Guest Speakers on a variety of “Hot Topics”

ADDITIONAL SERVICES AVAILABLE

(for a reasonable cost)

- Hearing Clinics
- Manicurist
- Massage Therapy Care
- Denturist Care
- Chiropractic Care
- Additional blood pressure checks
- Foot care clinics
- Assistance of support hose
- Injections
- Dressing changes

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THE MANOR VILLAGE AT *Rocky Ridge*

EMERGENCY RESPONSE AND SECURITY SYSTEM

*"Peace of Mind at the
Push of a Button"*

All suites are equipped with the state of the art, emergency call and response system. At the push of a button, emergency response is available throughout the building and surrounding areas.

Each suite is equipped with a speech device in the master bedroom, an emergency pull cord in the washroom, and portable Pendant. The waterproof Pendant can be worn in the bath or shower enabling residents to have access to emergency response at all times.

Emergency Speech Devices are also located in common areas throughout the building such as in the dining room, lounges and public washrooms.

The on site staff carries a wireless telephone and a pager, which will enable them to respond to calls from anywhere in the building, as well as monitor the main access door.

When an emergency arises, the resident presses the red button on their speech device beside the bed, pulls the emergency cord in the washroom, or presses their Pendant. The staff member carrying the emergency pager will respond immediately.

At *The Manor Village at Rocky Ridge* Residents can rest assured that, in an emergency, assistance is available 24 hours per day, seven days a week.



THE MANOR VILLAGE
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SERVICES AND AMENITIES

THE MANOR VILLAGE AT *Rocky Ridge*

MONTHLY OCCUPANCY FEE INCLUDES:

“WELLNESS” HEALTH SUPPORT SERVICE

- 24 hour Emergency Call and Response System
- Regular Guest Speakers on Health and Wellness Programs
- Fitness Program and Stretch Exercise Classes
- Appointment for the Physician and Pharmacy
- 24 hour On-Site Staff
- Regular Health Assessments

FOOD SERVICES & DINING AMENITIES

- Monthly Food Allowance (*Includes Garden Café/Store, Medallion Dining Room, Special Events for You, Family and Friends*)

HOUSEKEEPING SERVICES

- Personal Garbage & Newspaper Removal
- Bi-weekly Suite Cleaning Service
- Laundry Areas with extra-large capacity Washer and Dryers on each floor

STAFFING

- Resident Administrator
- Evening & Night On-Site Building Attendant
- Activities Coordinator
- Housekeeping Personnel
- Receptionist/Garden Café Staff
- Maintenance/Service Coordinator
- Accountant
- Executive Chef and Kitchen/Dining Support
- Wellness Coordinator

MAINTENANCE/ SECURITY SERVICES

- Maintenance of Manors complex including cleaning of exterior windows and changing lightbulbs
- Maintenance of interior corridors and all common areas
- Smoke detector and sprinkler system throughout each suite
- Security (Front Door System)
- All risk/liability/fidelity Insurance for the Manor complex (*Excludes personal property liability insurance*)
- Property Taxes
- Heat, Water and Sewage

USE OF SPECIAL SERVICES AND AMENITIES

- Spacious Courtyards & Garden Access
- Bridge and Card Games
- Personal Keyed Mailboxes
- Library
- BINGO and other special entertainment and Events
- Scheduled Transportation
- Church Services
- Exercise Classes

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ADDITIONAL AMENITIES AT AFFORDABLE PRICES:

WELLNESS HEALTH SUPPORT SERVICES

- Massage Therapy
- Hearing Clinics
- Chiropractic Care
- Denturist Care
- Reflexology
- Foot Care Clinics

HOUSEKEEPING SERVICES

- Personal Flat Linen Service
- Personal Laundry
- Personal In-Suite Washer/Dryer

OTHER SERVICES

- Beauty/Barber Salon & Manicurist
- Garden Café/Convenience Store
- Guest Suite for Family and Friends
- Secured Heated Underground Parking
- Banking Services

LAKE CLUB FEE INCLUDES:

- Activities Room & Lounges
- Computer Room
- Billiards Room
- Arts and Crafts
- Shuffleboard Courts
- Exercise Center
- The Steam Room
- Movie Theatre

HOME OWNERS AMENITY FEE INCLUDES:

- Maintenance of Lakes at Rocky Ridge grounds area including landscaping and snow removal
- Beach Volleyball
- Basketball Court
- Ramada
- Ponds/Irrigation
- Street Sweeping



THE MANOR VILLAGE
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OTHER MANOR VILLAGE LOCATIONS

HUNTINGTON HILLS  GARRISON WOODS  VARSITY LANDINGS
SIGNATURE PARK  STAY-WELL  SCOTTSDALE  TOSCANA (PHOENIX)

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